

Greenside School

Trampoline Procedure and Guidance



Introduction

Promoting and maintaining physical health and fitness is an important aspect of the curriculum at Greenside.

At Greenside School there is extensive use of trampolines including: trampettes, individual sunken trampolines, a full size sunken trampoline, two above ground enclosed trampolines, as well as the use of a full-size folding trampoline. Each has a different purpose from unstructured play, sensory integration, self regulation, implementing Rebound Therapy as well as teaching techniques when using the trampoline.

This document provides guidance to support pupil safety, enjoyment and development through the use of the different types of trampolines used at Greenside.

As well as the actions outlined below, individual classes should have Risk Assessments (RAs) for learners that are at risk when using a trampoline, this includes medical considerations.

Trampettes

Trampettes are used in the Primary Department for exercise, play and self-regulation. The following guidance must be followed:

- Trampettes must be inspected prior to use with the adult checking that the various fixings are secure and the padded cover and bungee cords in place.
- Trampettes can only be used on a flat / even surface, wherever possible they should be placed on a safety surface.
- Trampettes must be stored indoors.

Small, netted off the ground (25cm) trampoline

Located in the outside space of Gold class (primary classroom).

- This is a small, one-person trampoline suitable for learners in EYFS and KS1.
- Supervision is necessary and suitability of the use is to be decided in relation to individual RA.
- The trampoline is checked termly and by staff before use.

Individual sunken trampolines

2 small (1.5m x 1.5m) sunken trampolines are located in the school field (next to the Astro-Turf area).

- These are designed for use in public parks and have a limited bounce.
- Only one child is allowed to be on one of these sunken trampolines at a time.
- Bikes and scooters are not to be ridden over the trampolines.
- A full visual inspection of the sunken trampolines must be undertaken by the sports coach or senior member of staff each half term.
- A full service of the sunken trampolines must be undertaken annually.

Full-size sunken trampoline

One full size, competition standard sunken trampoline is located on the school field. This trampoline is surrounded by a fence and has a hoist facility to ensure access for all pupils.

The full-size sunken trampoline can only be used by learners under the supervision of a member of staff. Staff are to use their knowledge of the learner to assess how closely he/or she needs to be monitored. Guidance for the use of the trampoline is displayed near the trampoline and must be followed.

Adults leading sessions on this piece of equipment must be familiar with the risk assessment (attached to this policy).

Before this trampoline is used the adult leading the session must make a visual inspection of the trampoline paying particular attention to the springs supporting the bed.

A full annual service must be undertaken of the trampoline.

Small sunken trampoline, netted.

Located near Kingfisher class. This trampoline is a netted circular trampoline that is used by some of our more complex learners. Same procedures are in place as the full size trampoline.

Two above ground enclosed trampolines

Two enclosed trampolines located near the outer buildings near the hall, are mainly used by learners who present complex needs. The nature of the use of these trampolines are that learners access these at varying times and have the opportunity to come off the trampoline at any time. Depending on the individual learner support is given as needed. Learners should be supervised in their use, but this can be from distance if safe.

As with the full size trampoline a visual check should be completed by an adult before the trampoline is used, particular attention should be made to outer netting and trampoline springs.

Full-size, folding trampolines

Greenside has a formal arrangement to use the folding trampolines at the Barnwell gymnasium.

The full size folding trampolines can only be used by a person who has received specific training in the use of this equipment.

The person leading lessons using these pieces of equipment are responsible for the safe unfolding of the apparatus prior to each session as well as ensuring that they are folded and secured after each lesson.

The person leading the lesson must undertake a visual inspection of the trampolines and ensure that the issues identified in the risk assessment (attached) are followed.

Monitoring

With all trampolines, any faults or concerns should be communicated to a member of SLT.

All trampolines are checked termly by the Health and Safety Lead in accordance to HCC expectations.