



**GREENSIDE SCHOOL**

## **Trampoline Policy and guidance**

*(To be read in conjunction with: 1.risk assessment for a full-size folding trampoline at Barnwell School; 2. Use of full-size folding trampoline at Barnwell School; 3. Risk Assessment for full-size sunken trampoline).*

### **Introduction**

Promoting and maintaining physical health and fitness is an important aspect of the curriculum at Greenside.

At Greenside School there is an extensive use of trampolines including: trampettes, individual sunken trampolines, a full size sunken trampoline as well as the use of full-size, folding trampolines. Each has a different purpose including: unstructured play, implementing Rebound Therapy, as well as teaching techniques, when using the trampoline.

This policy provides guidance to ensure pupil safety, enjoyment and development through the use of different types of trampolines used at Greenside.

### **Trampettes**

Trampettes are used in the Primary Department for exercise and play. The following guidance must be followed:

Trampettes must:

- Only be used under adult supervision
- Be inspected prior to use with the adult checking that the various fixings are secure and the padded cover and bungee cords in place.
- Only be used on a flat / even surface, wherever possible they should be placed on a safety surface.
- Be stored in a dry / secure location.
- Not be left outside

### **Individual sunken trampolines**

2 small (1.5 x 1.5) sunken trampolines are located in the school field (next to the Astro-Turf area). These are designed for use in public parks and have a limited bounce.

Only one child is allowed to be on one of these sunken trampolines at a time. Bikes and scooters are not to be ridden over the trampolines.

A full visual inspection of the sunken trampolines must be undertaken by the sports coach or senior member of staff each half term. A full service must be undertaken annually.

### **Full-size sunken trampoline**

One full size, competition standard bed, sunken trampoline is located on the school field. This trampoline is surrounded by a fence, and has a hoist facility to ensure access for all pupils.

Only one pupil at a time may use the trampoline. An adult may join them for Rebound Therapy sessions.

The full-size sunken trampoline can only be used under the supervision of an adult who has received training and guidance by a colleague who has completed the rebound therapy course.

It is the responsibility of the adult leading the session to ensure that the pupil does not have a medical condition which may affect their safety / well-being when using the trampoline.

Adults leading sessions on this piece of equipment must be familiar with the risk assessment (attached to this policy).

Before this trampoline is used the adult leading the session must make a visual inspection of the trampoline paying particular attention to the springs supporting the bed.

A full annual service must be undertaken of the trampoline.

### **Full-size, folding trampolines**

Greenside has a formal arrangement to use the folding trampolines at the Barnwell gymnasium.

The full size folding trampolines can only be used by a person who has received specific training in the use of this equipment.

It is the responsibility of the adult leading the session to ensure that pupils do not have a medical condition which may affect their safety / well-being when using the trampoline.

The person leading lessons using these pieces of equipment are responsible for the safe unfolding of the apparatus prior to each session as well as ensuring that they are folded and secured after each lesson.

The person leading the lesson must undertake a visual inspection of the trampolines and ensure that the issues identified in the risk assessment (attached) are followed.