



Physical Education Policy

Introduction

This policy reflects the values, ethos and philosophy of Greenside School in relation to the teaching of Physical Education (PE). It provides guidance on content, planning, teaching and assessment.

The Physical Education Policy is a working document and as such it reflects both the practices that are carried out and those to which the school is striving.

The policy is agreed upon by the whole teaching staff and presented to the Governing Body. The document is available for interested parties.

Rationale

The aim of teaching Physical Education in the curriculum is primarily to promote physical and sporting skills and confidence in engaging in physical activities. Physical Education is important in helping children to develop their personal fitness/physical potential, endurance, and strength and muscle control in gross and fine motor movements. Physical Education also helps to develop communication/language skills, social awareness (of others and oneself) and of rules/games.

Aims

- To engage pupils in physical activity which involves the whole body, developing strength, stamina, flexibility, posture, and positioning.
- To increase their range of movements and manipulative skills needed for daily living.
- To develop self-esteem, confidence and recognise their capabilities and limitations as well as those of others.
- To develop a positive attitude to a healthy and active lifestyle.
- To use movement to explore and communicate ideas, issues and their own feelings and emotions.
- To work as individuals, with a partner and as part of a team.
- To be aware of the need for appropriate warm up and cool down routines, and the body's response to physical exercise.
- To be aware of the need for appropriate personal hygiene and clothing.

- To be aware of safety issues related to their behaviour, space equipment and basic maintenance of equipment.

Use is made of local community facilities and the school minibuses enable the older students to swim at a local pool and use fitness suites at two sports centres.

Implementation

At Greenside School the Physical Education scheme developed by all SLD schools in Hertfordshire is used to inform medium term planning for the content and includes suggestions for teaching activities as well as guidance on assessment and awards .

Equal Opportunities

The Scheme of work contains differentiated learning objectives. Teachers will provide any other, adaptations, specific teaching techniques and specialist resources required to overcome individual pupil's barriers to learning. The entitlement of all pupils to a full curriculum is acknowledged.

Teaching and Organisation

Individual class teachers are responsible for their own class organisation and teaching style in relation to Physical Education, while at the same time ensuring that these complement and reflect the overall aims and philosophy of the school.

Children are given the opportunity to work as a class, as part of a group or as individuals.

Where appropriate students at KS 3; KS 4 and Post 16 have access to the specialist facilities at The Shephall Sports and Community Centre, based at Barnwell School. These sessions are to be taught by the subject leader for PE.

Assessment

Teachers must continually assess pupils' current understanding and knowledge in order to ensure that appropriate learning targets are set.

Reporting

Physical Education will be reported on in the end of year reports.

Risk assessments/safety

The P.E coordinator is responsible for producing the appropriate risk assessments for all P.E venues both in school and offsite. Risk assessments will also be completed for higher risk activities using the appropriate risk assessment venue/ activity forms. These will be kept by the P.E coordinator and in the risk assessment file in the office.

Resources

A range of Physical Education resources is available in school. The majority of resources are stored centrally. The subject leader is responsible for the Physical Education resources. The purchase of resources is planned each year in consultation with all teachers.

The school is a full partner in The Shephall Sports and Community Centre, based at Barnwell School. Staff and pupils have access to this facility.

Monitoring and Evaluation

Monitoring and Evaluation will be carried out in order to enhance the teaching and learning of Physical Education within our school. It is the responsibility of all staff, both teaching and non-teaching, to monitor and evaluate the curriculum provision made for Physical Education within the school, so that pupils make the greatest possible progress and enjoy the learning experience. Evaluation will be conducted according to the priority given to Physical Education within the School Improvement Plan (SIP). The subject leader is available for advice and is responsible for aspects of monitoring and evaluation.

Review of the policy

The policy will be reviewed annually by the subject leader.